

SOTC Reopening  
Protocol for conducting and attending classes and room rental

All persons are **REQUIRED** to wear a **Mask or face covering, properly fitting, and completely covering mouth and nose, while inside the building.**

All persons required to apply hand sanitizer as they enter the training room.  
There will be an automatic dispenser placed by the doorway.

All persons who have entered the building must wipe down with sanitizing wipes or spray any surfaces they have touched or come in contact with before they leave the building. This includes using the restrooms.

Spray or wipes will be placed throughout the building for use. Please be mindful to properly dispose wipes **DIRECTLY** in the trash bins.

Keep a minimum of 6 feet distance from any other person.

**DO NOT come to class if you are feeling sick.**

Do not enter the building until the previous class has completely exited.  
Students should wait outside (keeping away from door & keep a safe distance from each other). The instructor will either post a sign or open door for students to indicate when they may enter the building.

Students shall handle their own equipment - dumbbells, scent articles, gloves, etc. No food is to be placed on equipment directly. Containers provided by student should be used as targets to place food on.

Instructors shall handle all jumps and club equipment, changing bar height, etc.

Students are to bring their own supplies: water bowls, water, treats and training equipment.

It is recommended that equipment bags be kept to a minimum, this will ensure a minimum of contact to be contaminated - less to wipe down at the building and when you get to your car or home.